

BENEDICTION

With UG Krishnamurti's grace this book was completed.

Early one morning in Gstaad, March 2003, I arrived in the UG "cave." It was only the two of us. He said, "You will write a book and it will be well received." News to me, however I thought to myself, "I will?" This prediction stayed with me, and when he passed on, it became a daily persistence to record any memory I had of him. He said, "Teach, teach anything!"

Thank you to the UG gang, my family, father George, Simon and close friends. Thank you to Samyama who was my mentor when I arrived back in America, my publisher's persistent creative spirits, Ja-lene Clark and Jo Ann Deck, Starr Fuentes who shared Light Language and said "I was to bring spirit to others."

This is my creative expression I share with you.

— New York City, November 2010